



TEMPORARY CROWN AND BRIDGE POST-OPERATION INSTRUCTIONS

Now that crowns or bridges have been placed, it is important to follow these recommendations to ensure its success:

Chewing and Eating:

If we used an anesthetic during the procedure, avoid chewing until the numbness has completely worn off. To protect your temporary, avoid chewing ice or other hard, sticky, chewy or doughy objects.

Brushing and flossing

Brush normally; keeping your mouth and gums clean and healthy will help with the healing. Avoid flossing as this may cause the temporary to come loose.

Should your temporary come loose, please push it back in place and call our office as soon as possible. The temporary needs to remain on your tooth at all times. You may put a small spot of Vaseline or Chapstick in the temporary and place it back on the tooth until you can get to our office.

Crown/Bridge set appointment

Do not delay your crown/bridge delivery appointment! If you delay, the new crown/bridge may no longer fit properly. This is why it is very important the new crown/bridge be delivered in a timely manner.

Medication and discomfort

To reduce any discomfort or swelling, rinse your mouth three times a day with warm salt water. Use about one teaspoon of salt per glass of warm water. It's normal for your gums to be sore for several days.

When to call us

Call our office if your bite feels uneven, you have persistent sensitivity or discomfort, or if you have any questions or concerns.